

RECIPE

EST. 1883

Nutrition and Allergen Information



Allergen Information

STARTERS	Peanuts	Tree Nuts	Milk	Fish	Crustacean	Shellfish	Egg	Soy	Sesame	Wheat (gluten)	Mustard	Suphites
SIGNATURE BLARNEY CHIPS			x					x				x
IRISH ALE & CHEDDAR DIP			x				x	x	x	x	x	

Allergen Information

SANDWICHES & WRAPS	Peanuts	Tree Nuts	Milk	Fish	Crustacean	Shellfish	Egg	Soy	Sesame	Wheat (gluten)	Mustard	Suphites
All sandwiches & wraps are served with your choice of side, side is not included												
BRAISED BEEF SANDWICH			x				x	x		x	x	x

Allergen Information

MAINS	Peanuts	Tree Nuts	Milk	Fish	Crustacean	Shellfish	Egg	Soy	Sesame	Wheat (gluten)	Mustard	Suphites
FISH & CHIPS (ONE PIECE)				x			x	x		x	x	
FISH & CHIPS (TWO PIECE)				x			x	x		x	x	
CORNED BEEF & CABBAGE			x					x			x	x
LAMB SHANK			x					x		x		x

Allergen Information

BURGERS	Peanuts	Tree Nuts	Milk	Fish	Crustacean	Shellfish	Egg	Soy	Sesame	Wheat (gluten)	Mustard	Suphites
All burgers served with your choice of side												
LAMB BURGER			x				x	x		x	x	x

Allergen Information

DESSERTS	Peanuts	Tree Nuts	Milk	Fish	Crustacean	Shellfish	Egg	Soy	Sesame	Wheat (gluten)	Mustard	Suphites
SHAMROCK STACK			x				x	x		x		